

2018-2019 Intensive Descriptions
May 20-24, 2019

1. **African-American Film Festival** *Sponsor: Tiffany Williams* (Benny's Rm 202)
The African-American film festival is a cultural experience focused on the study of the African-American experience throughout the 20th century in the United States. Students will have the opportunity to view a variety of films, listen to music, learn the popular dances, recite poetry, and create art. This interactive session will also include guest speakers, a museum field trip, and a soul food dinner.
(*Approximate Cost* -\$20) 18-25 students

2. **Journey to Platform 9-3/4** *Sponsors: Nancy Floyd Richardson, Rosa Cefalu, Emily Bell, and Rivka Wohlgemuth* (Black Box)
Come out from your cupboard under the stairs to begin your Journey to Platform 9-3/4 Intensive. Our week-long Intensive will run during normal school hours, Monday through Friday, with chaperones/Harry Potter geeks Nancy, Rosa, Emily, and Rivka. Students accepted to Hogwarts will attend an assortment of classes, which could range from Transfiguration to Herbology to Muggle Art and more. Students will eat breakfast and lunch in the cafeteria and work with Emily to create Harry Potter-themed snacks for a Friday Feast. Whether you are interested in crafts, fiber arts, book club discussions, movies, or games, it will be all HP, all week long. Interested students should read the Harry Potter series prior to the week of Intensives.
(*Approximate cost* - \$50) 45 students

3. **Bikes & Bees** *Sponsors: Marlow Matherne and Rob Pell* (Rob's Rm 601)
Do you have the drive to stay in shape? Get in shape? If so, come enjoy Tallahassee bike trails and experience the wonderment of fun single-track trails. Biking experience is a must, as well as having the capacity to pedal hard. In the afternoons we play Ultimate Frisbee (no experience necessary) in the upper field. Students must bring their own lunch M-Th. Friday we dine at the Bamboo House buffet. Requirements: a multi-gear mountain bike in working order, a helmet, and a water carrier. (*Approximate Cost* -\$40) 16 students

4. **Deep Dishin' in Chicago** *Sponsors: Peejay Perez de Alejo & Sheri Nilles* (Peejay's Rm 507)
Come explore the sights, sounds and tastes of the famous Windy City! As a group we will choose our own adventure that can include the Field Museum, the Shed Aquarium, Millennium Park, Navy Pier, the Art Institute of Chicago, music events, comedy venues, the city's famed architectural tour and many other local flavors. This trip requires students who work well in a group, can maintain a positive mental attitude, are open to a variety of experiences and are capable of walking for large parts of the day! (*Approximate cost* - \$975.00) 10 students
Please be aware that accepted students will be required to make an initial deposit of \$425 that will be due with permission forms in order to secure your spot on this intensive.

5. **Disc Golf** *Sponsor: Tony DelMonego* (Tony's Rm 0604)
Tracing its roots back to the 70s, disc golf has become one of the most popular outdoor activities in America. With over 5,000 courses in North America and affordable equipment, it has become one of the most accessible sports to pick up and play. Combining the principles of golf with the athletic ability of Frisbee, disc golf enables people of all skill levels to enjoy the outdoors on sprawling courses of varying complexity, beginners and pros alike. This intensive will introduce players to the rules of the game, the skills necessary to develop control, strength, and confidence on the course, and exposure to several of the local disc golf courses. Students will be provided with discs or may provide their own. (*Approximate cost* -\$40) 10 students

6. **Geek Squad** *Sponsor: Mike Wohlgemuth* (Computer Lab 2)
 Want to sit in a room and do interesting things with computers all week? What about taking apart that computer and replacing the video card? Or finally fixing that computer at home that you just can't get to work? How about finally getting a whole week to work on that project for your friend? Or making that newsletter for your family reunion? Or do you just want to play computer games all week? Or use the computer time to finish that assignment you need to finish? We will spend the whole week just generally doing productive, creative, fun stuff with computers. Come ready to get your computer geek on!!!
(Approximate Cost: Free + bring your own lunch and computer project) 24 students
7. **Witch Week in Salem!** *Sponsor: Susanna Denham* (Hope Rm 0903)
 Join me for a week exploring historical Salem, Massachusetts. From the infamous Witch Trials of 1692 to the American Revolution, the spice trade, famous authors and more. We will visit museums, historical landmarks, and maybe have time for a ghost walk tour!
(Approximate Cost: \$1000) 6 students
Please be aware that accepted students will be required to make an initial deposit of \$425 that will be due with permission forms in order to secure your spot on this intensive.
8. **SCIENCE ON-DEMAND** *Sponsor: John Schaller* (John's Rm 1104)
 This is an Intensive for students who would like to spend a week exploring individual or group science projects of your choosing, watching and discussing science news and documentaries covering a wide range of topics, and investigating current science events and their global implications. We will gather daily, make decisions on what to do, engage in discussion and debate, and even learn a thing or two. *(Approximate Cost: \$25 for group lunch)* 20 students
9. **South Florida Tour** *Sponsors: Marcia Cone & Benny Brustad* (Marcia's Rm 204)
 The South Florida Intensive will explore the cultural diversity and fabulous beaches of Ft. Lauderdale, or Miami with a focus on STEAM related activities. Students will have the opportunity to learn about the history of South Florida, explore various art, museums, zoos, boat cruise of Star Island, taste the diverse foods, participate in community service and have fun! In addition to all of this we'll explore the New Phillip & Patricia Frost Museum of Science. It includes museum exhibitions, aquarium, live science demonstrations and Frost Planetarium shows. *(Approximate Cost: \$625)* 12 students
10. **The Great Southwest** *Sponsors: Doug Currey and Caitlin Starkey* (Doug's Rm 506)
 Behold the magnificent American Southwest on this 7 to 8 DAY trip. Fly to the desert metropolis of Phoenix AZ, home of the mighty saguaro cactus. After a night in the Valley of the Sun, ride horseback in the mountainous Sonoran Desert. Drive north to harmonically converge in the stunning red rock country around Sedona, where vortexes of electromagnetic energy reportedly occur. The base of operations will be Flagstaff AZ, tucked beneath the snowcapped 12,000 foot+ San Francisco Peaks, sacred to native peoples. At Black Mesa, respectfully visit ancient Hopi Indian villages to learn the traditions of the "peaceful people". Then it's on to the biggest kahuna of them all, the Grand Canyon National Park, for a scramble partway down into this jaw-dropping natural wonder. To top things off, this year we're adding a visit to Monument Valley & a full day rafting trip on the beautiful San Juan River (considered the "best one-day rafting trip in the West"). A trip for the Ages... and who knows, you might even see a *Jackalope!*

NOTE: participants must be in excellent physical/mental condition and be willing & able to hike at high elevations under possibly difficult conditions (dry, cold, sunny, hot, windy, etc.).
(Approximate Cost: \$1,495) 12 students max... (cost depends on # of students, airfare, etc.)

- 11. Ukulele Beach House Jam! Sponsors: Lao Alovus and Lauren Wade** (Computer Rm 3)
Have you always wanted to learn to play an instrument but never had the right opportunity? Perhaps you already play an instrument but want to learn one more? The Ukulele Beach House Jam is your chance!!! The ukulele is a wonderful little instrument that has seen a recent resurgence in popularity and is easy to get started with. Many chords only require holding a single note! On this intensive, we will immerse ourselves in everything ukulele, spending the week living at a beautiful private beach house. A ukulele will be provided for you to take home after the trip and tutorials will be held each day covering everything from tuning to chords to strumming patterns and more. This intensive is intended for non-musicians, but all are welcome, especially singers! In addition to ukulele tutorials and jam sessions, we will find ample time for activities such as juggling, fishing, swimming, kayaking, skim boarding, Frisbee etc. At the start of this intensive most students will have the same experience playing ukulele as you, NONE! Your payments will cover transportation, beach house rental, food, a finely crafted ukulele, a tuner and an instructional/song book (all yours to keep). So pull up a towel, tune up your uke and get strummin'! Note: Guitar players are welcome but should expect to be playing ukulele for the week. (Approximate Cost - \$400) 12 student max
- 12. Life's Aquatic Sponsors: Sierra Service, JaSun Burdick, & Danielle Taylor** (Sierra's Rm 1303)
It's time to get your feet wet as we take day trips to explore the beautiful natural springs, rivers, lakes, sink holes, and oceans that Tallahassee (and its surrounding areas) have to offer. Come tubing on the Ichetucknee Springs, jump into icy cold sink holes, kayak on the Wacissa River, swim in the deep blue sea and relax lake side. This intensive will have a big focus on wellness, as we will be getting a lot of exercise every day and we will all make a pledge to *drink more water and cut out soda for the week we are together*. In addition to helping yourself become well, we will also be helping the earth by picking up litter at all the watering holes we go to. This is a great time to earn some community service hours! **Requirements: (1) you must know how to swim; (2) water bottle; (3) bagged lunch; (4) bathing suit; (5) adventurous spirit and positive attitude.** (Approximate cost \$90.00) 18 students
- 13. Enrichment Sponsors: Erica Page, Jessie Nesheim, and Klee Williams** (Media Center)
This intensive will provide enriching activities across a broad range of subjects. Some areas of exploration will be art and music; film and food; college and career readiness (with trips to Lively and TCC); physical wellness activities (such as juggling, team sports, and brain breaks); technology advancement; learning strategies and games; and time to work on FLVS and PLATO if you need it. The specific activities may be modified based on the interests of the participating students. **This year the Enrichment intensive is by choice.** (Approximate Cost: Free, but you must provide your own lunch) 20-30 Students
- 14. DIY – Oh the things YOU can do! Sponsor: Shirley Cain** (Office)
On your own to VOLUNTEER or JOB SHADOW. YOU make a plan. YOU make the contacts. YOU make it happen. YOU MAKE A DIFFERENCE! (Cost: Free) 20 people
- 15. All Sports Intensive Sponsor: Barry Taylor and Charles Robshaw** (Gym)
All that's needed is a great attitude and be ready to have some fun. Games will consist of Basketball, Volleyball, Kickball, Dodgeball, and Ping Pong. We welcome other game suggestions as well.
(Approximate cost: Free) 40 students

16. Board Games Inside and Out Sponsor: Danny Wood (Music Rm)

Board games have come a long way since Monopoly and Chutes and Ladders! In this intensive we will explore the exciting world of strategic board games, which reward planning and decision making. We will learn a variety of game types to challenge your brain. We will play modern classics like Dominion and Settlers of Catan, cooperative games like Pandemic, Forbidden Island, and Dead of Winter, and worldbuilding games like Castles of Mad King Ludwig, 7 Wonders, and Carcassone. Learn new skills and make friends while expanding your empire or saving yourself from imminent demise!

(Approximate cost- \$20.00) 20 students

17. Writers Workshop: Sponsors: Mari Griffith, Danna Richardson, (Mari's Rm #0203)

Prose. Poetry. Publishing! Interested in writing? Come join us for a week of fan fiction, short story writing, and poetry. We will have workshop with FSU Poetry Professor Erin Belieu, Skype with published authors, and have a poetry anthology to keep. *(Approximate cost: \$25.00) 30 students*

18. Art + R&R Sponsor: Jeff Distefano (Fiber Arts Rm 1505)

Ready to push your art in new directions? We will participate in a week of art workshops and studio visits with local guest artists exploring different mediums and approaches to art-making. Then it's time to relax and reflect! We'll spend Thursday night at a beach house relaxing and refining our work and then hang a small pop-up art show at a local gallery on Friday night.

(Approximate Cost: \$400) 8-10 students